



HOPE HEALS

Sherrie Palm *Curriculum Vitae*

APOPS Founder/Executive Director

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<http://www.pelvicorganprolapsesupport.org>

<http://www.sherriepalm.com>

PERSONAL MISSION

Provide guidance and support for women navigating the physical, emotional, social, and sexual impact of pelvic organ prolapse.

CAREER OBJECTIVES

Establish global awareness and understanding of pelvic organ prolapse; guide and support women through the process of recognition, diagnosis, treatment, and continuation of pelvic floor health balance for life; provide health assistance for women with pelvic organ prolapse in all zones of the international community.

EXPERIENCE

- October 2013, PFDR (Pelvic Floor Disorders Registry) Stakeholder Advisory Board.
- October 2013, AUGS (American Urogynecologic Society) PR and Communications Committee.
- Abstract, academic paper submission and presentation for Himalayan Policy Research Conference in Madison, WI, October 2013.
- Presentation to Coloplast July 2013, Mpls, MN.
- April 2013, Educational poster presentation & panel, Simon Innovating for Continence Conference.
- March 2013, presentation at Spirit of Women Steps to Success in Pelvic Health Programming Medical Conference; recipient of Golden Pelvis Award.
- 2011-present, APOPS Chatroom guidance.
- October 2012, 2nd Edition of Pelvic Organ Prolapse: *The Silent Epidemic* published.
- October 2012, HPRC (Himalayan Policy Research Conference).
- October 2012, APOPS representation, AUGS conference.
- May 2012 Elected to NAFC Project Advisory Council.
- November 2011; PBS Second Opinion segment on pelvic organ prolapse (Blue Cross/Blue Shield funded medical programming hosted by Emmy award winning medical journalist Dr. Peter Salgo).
- October 10, 2011; HPRC Himalayan Policy Research Conference.

- September 8, 2011; presented to the FDA Obstetrics and Gynecology Advisory Committee Panel reviewing transvaginal mesh surgical complications in Washington DC on September 8, 2011. A copy of the speech transcript is viewable on the APOPS Website Library/Mesh page.
<http://pelvicorganprolapsesupport.org/library/mesh>
- April 2011 Simon Foundation Conference.
- September 2010-present; APOPS Founder/Executive Director; Association for Pelvic Organ Prolapse Support is a 501(c)(3) evolving global awareness of and guidance for pelvic organ prolapse.
- January 2010-2012; Community Leader for the MedHelp.org Urogynecology Forum and Pelvic Organ Prolapse forums. MedHelp.org is the world's largest health social network and reaches 13 million visitors per month; it includes expert forums and affiliates with 7 of the 10 top U.S. Hospitals.
- July 2009-present; multiple POP seminar and speech presentations from 15 minutes to 2 hour length.
- April 2009; authored Pelvic Organ Prolapse: The Silent Epidemic, a multi-award winning book that dissects the causes, symptoms, treatments, and personal impact of pelvic organ prolapse.
- Share insights with other pelvic floor healthcare professionals on multiple LinkedIn pelvic floor forums, network globally with experts in POP arena.
- POP presentations and educational seminars, fifteen minutes to two hours length.
- 2009-present; numerous radio and television interviews.
- 2009-present; numerous articles written.
- Personal experience with pelvic organ prolapse optimizes drive to make change.

KEY LEADERSHIP QUALITIES

- Excellent communication skills; freely dialogues regarding personal impact of POP on physical, emotional, social, and sexual levels.
- Conscientious, detail oriented professional.
- Excels at evolving interpersonal relationships.
- Evolved networking skills.
- Continuous exploration of multiple layers of POP impact.
- Highly motivated to make change in POP arena.
- Professional speaker.

PUBLISHED WORK

BOOKS:

October 2012, Pelvic Organ Prolapse: *The Silent Epidemic* 2nd Edition.

APRIL 2009, Pelvic Organ Prolapse: *The Silent Epidemic* 1st Edition.

1st edition Book Awards received; 2009 NBBA Best Book Award, finalist in 2010 International Book Awards-Women's Health, finalist in 2010 International Book Awards-Women's Issues.

ABSTRACTS/POSTERS/ACADEMIC PAPERS:

October 2013; The Value of Sustainable Protocol to Address Uterine Prolapse in Nepal: Healthcamp, Education and Employment Synergy.

April 2013; The Cryptic Damage of Closet Incontinence: Shifting Recognition to Shrink Stigma.

ARTICLES:

April 2012; article published UK PositiveHealthOnline, archived collection from 1994 to present of commissioned articles, clinical case studies, research updates, and book reviews.

<http://www.positivehealth.com/> "Pelvic Organ Prolapse: Help and Hope"

September 2010-current date, Sherrie Palm articles archived on APOPS website Library/Sherrie Palm Articles page. http://pelvicorganprolapsesupport.org/library/sherrie_palm_articles

POP SURGERY: Damned if We Do, Damned if We Don't

Enterocoele, Rectocoele, or Both?

Let the Ladies Lead the Way

Is POP Surgery Shifting Backwards?

Together We Will Shift POP into the 21st Century

The Constipation Club

The FDA Mesh Agenda; Part Two

POP Presentation to the FDA OB-GYN Committee 9/8/11

The Mesh Monologue

FDA Pelvic Prolapse Mesh Report; The Rest of the Story

Health Care Tunnel Vision

Preaching to the Preacher

You're Past Rectocoele Surgery and Still Can't Poop?

All POP Symptoms Matter To Us

To Pee or Not to Pee; A Runners Guide to Urinary Incontinence

Is it IBS or POP?

Kegels and Kegel Breathing

It's Time to Take Pelvic Organ Prolapse Out of the Closet

When It's More Than Urinary Incontinence

Coughing Your Guts Out?

It's Time for Global Shift In POP Pandemic

Ever heard of Pelvic Organ Prolapse?

Are You One of The Millions of Women Suffering With POP and Don't Realize It?

January 2010-December 2012, articles published at MedHelp.org.

August 2010-September 2011; articles published at BoomerLiving.com.

November 2010-September 2011; articles published at Womenshealthfoundation.org.

VIDEO

YouTube channel.

<http://www.youtube.com/user/sherriepalm>

AFFILIATIONS

- American Urogynecologic Society
- International Urogynecologist Association
- International Continence Society
- APTA, Women's Health
- NAFC
- BCIA
- Dutch Pelvic Pain & Sexuality Research Group
- Simon Foundation
- Nonprofit Center of Milwaukee
- Hamro Chahana Nepal
- Global Innovations for Reproductive Health and Life
- Real Women on Health
- Women to Women Business

PROFESSIONAL DEVELOPMENT

October 2013, HPRC Conference abstract and academic paper submission, presentation.

October 2013 AUGS PR Committee

October 2013 AUGS Global Health SIG

April 2013, Educational poster presentation & panel, Simon Innovating for Continence Conference.

March 2013, presentation at Spirit of Women Steps to Success in Pelvic Health Programming Medical Conference; recipient of Golden Pelvis Award.

May 2012 NAFC Project Advisory Committee

2012 AUGS Allied Health SIG

September 2010-present; founded APOPS, CEO.

January 2010-2012; Community Leader of MedHelp.org Urogynecology Forum and Pelvic Organ Prolapse Forum.

November 2011; PBS Second Opinion program on pelvic organ prolapse with Dr. Peter Salgo, Dr. Louis Papa, Dr. Grunhilde Bushsbaum, Wendy Featherstone PT, and Dr. Victoria Handa.

<http://secondopinion-tv.org/episode/pelvic-organ-prolapse>

Program can be viewed at

<http://www.youtube.com/watch?v=yo2z9kWI6uw&feature=relmfu>

May, 2011; Foreword for Dr. Lennox Hoyte book, Prolapse Repair.

Annual participation in Sixth Annual Himalayan Policy Research Conference, Madison, WI.

September 8, 2011; statement presented to the FDA Obstetrics and Gynecology Advisory Panel in Washington DC regarding transvaginal mesh surgical complications. A copy of the speech transcript is viewable on the APOPS website Library/Mesh page.

<http://pelvicorganprolapsesupport.org/library/mesh>

August 24, 2011; radio interview regarding mesh agenda with Dr. Roger Goldberg, Missy Lavender of Women's Health Foundation, and Kelley Connors of Real Women on Health. Interview is archived on APOPS Library/Mesh page.

<http://pelvicorganprolapsesupport.org/library/mesh>

August 14, 2011; radio interview on Women's Voice Radio with Emine Dilek.

<http://www.blogtalkradio.com/womens-voice/2011/08/14/womens-health-pelvic-organ-prolapse>

April 7, 2011; radio interview on Unspoken Issues with Dreama Jennings.

<http://www.unspokenissues.com/2011/04/sherri-palms-april-7th.html>

March 8, 2011; radio interview on Creative Health and Spirit Show with Linda MacKenzie.

<http://www.lindamackenzie.net/radioshow.htm>

February 16, 2011; radio interview on Aging Without Limits with Dr. Alicia Stanton.

<http://webtalkradio.net/shows/aging-without-limits/>

January 13, 2011; participated in Dr. Oz segment on POP, Suffering in Silence.

June 24, 2010; MedHelp.org Healthchat with Dr. Bruce Crawford.

http://www.medhelp.org/health_chats/archive/48

Additional interviews from 2010 to 2012 are archived at

http://www.sherriepalm.com/media-radio_tv

EDUCATION

Nonprofit Center Continuing Education courses for nonprofit sector.

1984-2000 MATC, Continuing Education courses; Business Administration.

1983-1984 MATC, Milwaukee, WI, PTA program.

1971-1973 UW-Stevens Point, WI, sociology and humanities.

REFERENCES

Lennox Hoyte MD, MSEE/CS, Chief Medical Information Officer, USF physicians Group.
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Media references available upon request.

PERSONAL INSIGHTS

Pelvic organ prolapse is seldom life threatening but it is always life altering. POP is a GLOBAL women's health pandemic; millions of women around the world in developing and developed countries alike suffer in silence with the physical, emotional, social, and sexual, impact of POP. Recognition of pelvic organ prolapse can only occur when we share what we know with others. It is my hope that as we continue to do what women do best-network, guide, and provide support for each other-POP will soon become common knowledge."

Sherrie Palm, APOPS Founder/Executive Director